



# April 2025

Stepping Stones  
OF GROSSE ILE

| Week 1    | Monday March 31   | Tuesday 1  | Wednesday 2   | Thursday 3                                     | Friday 4  |
|-----------|---|--|---|--|---|
| Breakfast | Cereal, Banana, Milk  | French Toast Sticks, Applesauce, Milk                | Yogurt, Blueberries, Water  | Bagels, Cream Cheese, Milk                     | Cereal, Banana, Milk                                  |
| AM Snack  | Blueberry Muffins, Water  | Yogurt, Fruit, Water                                 | Rice cakes, Sun butter, Water   | Kiwi, Crackers, Water                          | Hard Boiled Eggs, Pita Chips, Water                   |
| Lunch     | Turkey Meatballs with Pasta and Spaghetti Sauce<br>Green Beans, Oranges, Milk | Cheese quesadilla, Corn, Pineapple, Milk             | WG-Ham and Cheese Sandwiches, Mixed Vegetables, Pineapple, Milk<br>*Turkey Substitute | Chili with Corn, Mixed fruit, Milk             | Sun butter and Jelly Sandwiches, Carrots, Pears, Milk |
| PM Snack  | String Cheese, Town House Crackers, Water                                     | Salsa, Corn Chips, Water<br>I/T *Crackers            | Fruit and Grain Bar, Water  | Cheese Cubes, Crackers, Water                  | Goldfish Crackers, Orange Slices, Water               |
| Week 2    | Monday 7  | Tuesday 8  | Wednesday 9   | Thursday 10                                    | Friday 11   |
| Breakfast | Cereal, Banana, Milk  | Pancakes, Applesauce, Milk                           | Bagel, Cream Cheese, Milk   | Cheesy Scrambled Eggs, fruit, Milk             | Cinnamon Rolls, Sausage, Milk                         |
| AM Snack  | Graham Crackers, Raisins, Water I/T<br>Dried Fruit                            | Grapes, Animal Crackers, Water                       | Peach Smoothie, Water   | Fruit Muffin, Water                            | Fruit Salsa, Graham Crackers, Water                   |
| Lunch     | Ham and Cream Cheese Tortilla Roll ups, Bell Pepper slices, Fruit Cocktail    | Southwest Hamburger Goulash w/ Corn, Pineapple, Milk | Chicken Fried Rice w/ Broccoli, Pears, Milk   | Cheesy Zucchini Lasagna, Pears, Milk           | French Bread Cheese Pizza, Salad, Applesauce Milk     |
| PM Snack  | Carrots, Ranch Dip, Water   | Salsa, Pita Crackers, Water                          | Pretzels, Apple Slices, Water<br>I/T-Crackers   | Bruschetta, Bagel Chips, Water<br>I/T Crackers | Cheese, Crackers, Water                               |

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|  | I/T |  |  |  |  |
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| Week 3    | Monday 14  | Tuesday 15  | Wednesday 16  | Thursday 17                                 | Friday 18   |
|-----------|--|---|---|---|---|
| Breakfast | Cereal, Banana, Milk                             | French Toast, Cinnamon Applesauce, Milk           | Yogurt, Fruit, Milk   | Breakfast Pizza, fruit, Milk                | English Muffin, Jam, Milk   |
| AM Snack  | Graham Crackers, Orange Slices, Water            | Apple Slices, Sun butter, Water                   | Blueberry Mini Muffins, Water   | Orange Slices, Animal Crackers Water        | Yogurt, Fruit, Water  |
| Lunch     | HM-Chicken Pot Pie w/ Vegetables, Oranges, Milk  | Soft Beef Taco w/ Cheese, Corn, Peaches, Milk     | Ham, Mashed Potatoes, Green Beans, Applesauce, Milk                         | BBQ beef Sliders, Peas, Pears, Milk         | Chicken Vegetable & Noodle Soup, Crackers, Mandarin Oranges, Milk |
| PM Snack  | Fruit and Grain Bar, Water                       | Grapes, Animal Crackers, Water                    | Salsa, Tortilla Chips, Water I/T Crackers                                   | Goldfish Crackers, Raisins, Water           | Banana Bread, Water   |
| Week 4    | Monday 21  | Tuesday 22  | Wednesday 23  | Thursday 24                                 | Friday 25   |
| Breakfast | Cereal, Bananas, Milk                            | Cinnamon Rolls, Applesauce, Milk                  | Waffles, Fruit, Milk  | Overnight Oats, Blueberries, Milk           | Yogurt, Fruit, Milk   |
| AM Snack  | Graham Crackers, Melon, Water                    | Apple Slices, Sun butter, Water                   | Orange Slices, Graham Crackers, Water                                       | Yogurt, Fruit, Water                        | Blueberries, Rice Cakes, Sun butter, Water                        |
| Lunch     | Pancakes and Sausage, Carrots, Peaches, Milk     | Soft Chicken Taco w/ Cheese, Pineapple, Milk      | Potato Soup W/Veggies, Applesauce, Milk                                     | Broccoli Chicken Alfredo, Mixed Fruit, Milk | English Muffin Pizza, Mixed Vegetables, Pears, Milk               |
| PM Snack  | Crackers, Cheese, Water                          | Raisins, Goldfish Crackers, Water I/T Dried fruit | String Cheese, Townhouse Crackers, Water                                    | Fruit and Grain Bar, Water                  | Trail Mix W/fruit, Water  |
| Week 5    | Monday 28  | Tuesday 29  | Wednesday 30  |   |   |
| Breakfast | Cereal, Banana, Milk                             | French Toast, Applesauce, Milk                    | Yogurt, Fruit, Milk   |   |   |
| AM Snack  | Graham Cracker, Raisins, Water                   | Grapes, Crackers, Water                           | Blueberry Mini Muffins, Water   |   |   |
| Lunch     | HM-Macaroni and Cheese, Green Beans, Applesauce, | Cheese Quesadilla, Corn, Pineapple, Milk          | Chicken Nuggets, Veggie Fries (Zucchini or Sweet potato), Apple Sauce, Milk |   |   |
| PM Snack  | Carrots, Ranch Dip, Water                        | Salsa, Pita Chips, Water I/T-Crackers             | Pretzels, Apple Slices, Water, I/T-Crackers                                 |   |   |

M= Milk

WG= Whole Grain

FT= Field Trip W= Water

HM= Homemade

I/T= Infant & Toddler